

## **Clare Adult Basic Education Service (CABES) is part of Limerick and Clare Education and Training Board (LCETB)**

CABES have four programmes to support adults who wish to return or progress with their learning:

### **1. Clare Reading and Writing Scheme**

Offers **one to one confidential support** around the county to people who want to improve their reading, writing, spelling, number or small group computer skills.

Learners make their own appointment to meet with the local staff:

|                 |  |              |
|-----------------|--|--------------|
| Amanda O'Connor | 1 to 1 students only in Ennis                                | 065. 6897646 |
| Loretta Hughes  | Group Literacy classes Ennis,<br>Clarecastle and local areas | 065.6897616  |

Contact the following for one to one literacy support or for information on any of the classes in local areas:

|                 |   |             |
|-----------------|---|-------------|
| Kala Moloney,   | Kilrush, Kilkee, West Clare -                               | 065.9052131 |
| Katie Lewis,    | Ennistymon, North Clare -                                   | 065.7072757 |
| Maire Dempsey,  | Shannon, Newmarket on Fergus,<br>Sixmilebridge, South Clare | 061. 365495 |
| Margaret Lynch, | Scarriff/Killaloe, East Clare                               | 061.640760  |

### **Classes for adult learners can include:**

- Driver Theory support for car, bus, truck and motorbike
- Computers, reading, writing skills, preparation for essay writing, maths, cookery, gardening/horticulture classes.

### **2. Workplace Learning**

Classes are provided for those who are in employment and wish to upskill or those trying to get work. Courses are designed to meet the requirements of a specific employer, sector or group so that learning is relevant, useable and will make a difference.

Sample courses running all around the county are:

|   |                                       |
|---|---------------------------------------|
| Workplace technology,                   | Customer care,                        |
| Retail skills,                          | Introduction to cooking and catering, |
| Digital media for the self-employed,    | SPSV taxi exam preparation,           |
| Online cattle registration for farming, | Preparation for healthcare.           |

If you would like to learn in a small group, at your own pace, with no exams please call Margot Walsh at 087.3710317.

### 3. Family Learning Classes

We provide classes for parents of very young children, pre-school children, primary school children and support parents as their children make the move to second level. Parents can learn something for themselves also.

Sample classes include:

- My Baby and Me (Parent and under 3 year old attend together)
- Dads and kids Fun Science
- Fun Maths
- Gardening
- Cooking for the family
- Computers
- Helping with homework

Classes are fun, friendly and free. We provide classes countywide in many different venues. We need 6-8 parents to start a class.

Contact Mary Flanagan for county-wide classes at 065.6897645 or 087.7370030 to book your place.

**We work with parents/carers who may have left school early or without a full Leaving Certificate level.**

### 4. English Language Classes

Contact Karl Quinn to book your place for classes in Ennis at 065.6897611

- English for Beginners
- Intermediate Classes
- Quality Qualifications Ireland (QQI) Levels 1, 2, 3 programmes are on offer.

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Classes are organised in local Adult Learning Centres and other venues around the county. Classes are free to school leavers who are below or at Leaving Certificate level.



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